

5th ATTR

International
Amyloidosis
Meeting
for Patients
and Doctors

**25-26
SEPTEMBER 2025**

Baveno (VB)
ITALY



5th International Amyloidosis Meeting for Patients and Doctors

PROGRAMME FOR PATIENTS



ORGANIZED BY



**AMYLOIDOSIS
ALLIANCE**
THE VOICE OF PATIENTS



In collaboration with

**PAVIA AMYLOIDOSIS RESEARCH
AND TREATMENT CENTER**



Fondazione IRCCS
Policlinico San Matteo

Sistema Socio Sanitario



Regione
Lombardia



Under the Auspices of





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SCIENTIFIC PROGRAMME

PROGRAMME FOR PATIENTS

THURSDAY, 25 SEPTEMBER 2025

ROOM CARLO 1

08.00-18.00 Secretariat Opening Hours and Registrations

08.30-08.45 **Amyloidosis Alliance Introduction and Actions**
Giovanni D'Alessio (Italy)

08.45-10.00 **SESSION 1**
DAILY LIFE WITH TRANSTHYRETIN AMYLOIDOSIS
Chairs: Rosaline Callaghan (Ireland), Juan Gonzalez Moreno (Spain)

08.45-09.00 **A Toolkit for patients living with TTR Amyloidosis CM**
David Gregory (UK)

09.00-09.15 **Physical activities in ATTR-CM: what can I do? What should I avoid?**
Stefano Perlini (Italy)

09.15-09.30 **Physical activities in ATTR-PN: what can I do? What should I avoid?**
Amanda Peltier (USA)

09.30-09.45 **Digestive disorders and nutrition for ATTR Amyloidosis patients**
Maria Cappello (Italy)

09.45-10.00 **Discussion**

10.00-10.30 **COFFEE BREAK**

10.30-11.30 **SESSION 2**
DAILY LIFE WITH TRANSTHYRETIN AMYLOIDOSIS
Chairs: Jean-Christophe Fidalgo (France), Roberta Mussinelli (Italy)

10.30-10.45 **Emerging strategies to improve fatigue and pain management**
Violaine Planté-Bordeneuve (France)

10.45-11.00 **Connecting the dots: the disease's psychological impact on patient's quality of life**
Martina Smorti (Italy)

11.00-11.15 **How to manage multidisciplinary appointments?**
Steven Maupou (France)

11.15-11.30 **Discussion**



PROGRAMME FOR PATIENTS

THURSDAY, 25 SEPTEMBER 2025

ROOM CARLO 1

11.30-12.45	SESSION 3 BENEFITS OF PHYSICAL ACTIVITIES <i>Chairs:</i> Catilena Bibiloni (Spain), Pietro Guaraldi (Italy)
11.30-11.45	Strength training considerations for amyloidosis patients Alan Levi (UK)
11.45-12.30	Benefits of yoga: a practical session Inés Limón (Spain)
12.30-12.45	Discussion
12.45-14.15	LUNCH
14.15-14.30	Occupational therapy in ATTR amyloidosis: A cornerstone of holistic care <i>This symposium is sponsored by BAYER</i> Aina Isabel Gaya Barroso (Spain)
14.30-16.00	SESSION 4 THE CAREGIVERS DIMENSION <i>Chairs:</i> Jaime Christmas (New Zealand), Lucia Galan (Spain)
14.30-15.00	Two personal experiences Gabiella Gervasi (Italy), Susan Gregory (UK)
15.00-15.15	The role of caregivers and their relationship with doctors Celine Labeyrie (France)
15.15-15.30	Disability is a family matter Nicoletta Balbo (Italy)
15.30-15.45	The psychological impact on the disease on caregivers Giulia Sandoli (Italy)
15.45-16.00	Discussion
16.00-16.30	COFFEE BREAK



PROGRAMME FOR PATIENTS

THURSDAY, 25 SEPTEMBER 2025

ROOM CARLO 1

16.30-17.45	SESSION 5 IMPACT OF ATTR AMYLOIDOSIS ON FAMILY AND PERSONAL DIMENSION <i>Chairs: Laura Obici (Italy), Vince Nicholas (UK)</i>
16.30-16.45	The patient voice: how to explain the disease to my family? A personal experience Lionel Martinez (France)
16.45-17.00	Connecting the dots: genetic counselling when and how? Milena Paneque (Portugal)
17.00-17.15	Controversies and debates: pro and cons of early genetic test Emily Dixon (UK)
17.15-17.30	Financial and professional impact: how to deal with it? Dominique Thirry (France)
17.30-17.45	Discussion

JOINT PROGRAMME for DOCTORS and PATIENTS

FRIDAY, 26 SEPTEMBER 2025

ROOM CARLO 1

09.30-10.30	ROUND TABLE: BASIC AND CLINICAL RESEARCH IN AMYLOID DISEASES: WHERE ARE WE GOING? <i>This session is supported by BridgeBio</i> Vittorio Bellotti (Italy), Giovanni D'Alessio (Italy), Julian Gillmore (UK)
10.30-10.45	Holistic Management of ATTR: Addressing unmet needs <i>This symposium is sponsored by ALNYLAM</i> Christine Chiti (UK)
10.45-11.15	COFFEE BREAK



JOINT PROGRAMME for DOCTORS and PATIENTS

FRIDAY, 26 SEPTEMBER 2025

ROOM CARLO 1

11.15-12.15	SESSION 1 CONTROVERSIES AND DEBATES: HOW WE MONITOR DISEASE PROGRESSION? <i>Chairs:</i> David Gregory (UK), Violaine Planté-Bordeneuve (France)
11.15-11.35	Use of guidelines: pros and cons Marianna Fontana (UK), Pablo Garcia-Pavia (Spain)
11.35-11.55	Patient reported outcome measures Hans Nienhuis (The Netherlands)
11.55-12.10	Discussion
12.10-12.30	The psychological burden of ATTR-CM: Challenges and coping strategies <i>This symposium is sponsored by BAYER</i> Martina Smorti (Italy)
12.30-13.30	SESSION 2 SYMPTOMATIC MANAGEMENT OF ATTR AMYLOIDOSIS <i>Chairs:</i> Agnès Farrugia (France), Simone Longhi (Italy)
12.30-12.45	Urologic aspects Ricardo Pereira E Silva (Portugal)
12.45-13.00	Gastrointestinal aspects Jonas Wixner (Sweden)
13.00-13.15	Cardiac aspects Diana Bonderman (Austria)
13.15-13.30	Discussion
13.30-14.30	LUNCH
14.30-14.50	COLLABORATE Initiative (Empowering patients to address unmet needs of Adult-Onset Rare Disease through Shared Decision Making) <i>This symposium is sponsored by PFIZER</i> Anne Marie Carr (Canada)
14.50-15.10	Presentation of Amylife Survey <i>Chair:</i> Giovanni Palladini (Italy) Thibaud Damy (France)



JOINT PROGRAMME for DOCTORS and PATIENTS

FRIDAY, 26 SEPTEMBER 2025

ROOM CARLO 1

15.10-16.40	ROUND TABLE HOLISTIC APPROACH TO ATTR AMYLOIDOSIS: WHERE ARE WE GOING? <i>Chairs:</i> Keith Dares (Canada), Andoni Echaniz-Laguna (France)
15.10-15.25	Central nervous system manifestations Luisa Sousa (Portugal)
15.25-15.40	Eye involvement Angelo Minnella (Italy)
15.40-15.55	Targeted approaches: present and future Francesco Cappelli (Italy)
15.55-16.10	The role of geriatricians Manuel Sanchez (France)
16.10-16.25	Discussion
16.25-16.40	Conclusions Laura Obici (Italy), Giovanni D'Alessio (Italy)



GENERAL INFORMATION



CONGRESS VENUE

Grand Hotel Dino

Corso Garibaldi 20, Baveno (VB), Italy

<https://zaccherahotels.com/grand-hotel-dino/>

The Hotel is located in Baveno center, on the left shore of Lake Maggiore

LANGUAGE

The official language of the congress is English. Simultaneous translation will be provided (Italian, French and Spanish). Headset for the translation are available for free.

EXHIBITION

An exhibition will take place in the Congress Venue throughout the Meeting. It will be restricted to HCPs, fellows and industry members on Day 1 (25 September, 2025) while it will be open to all participants on Day 2 (26 September, 2025)

BADGE

Participants are strongly requested to wear their badge during all congress activities. The badge will admit to the scientific sessions, exhibition area, coffee breaks and lunches.

Wi-Fi

Free Congress Wi-Fi is available in the congress area.

ORGANIZING SECRETARIAT



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GENERAL INFORMATION

OPENING TIMES

All times in CEST

DATE	REGISTRATION OPENING HOURS	SOCIAL EVENTS	EXHIBITION OPENING HOURS
Wednesday, 24 September 2025	17:00 - 19:00	Welcome Cocktail for all participants 19:30 at Grand Hotel Dino	
Thursday, 25 September 2025 DOCTORS MEETING ROOM CARLO 2	07:00 - 18:30	Social Dinner 20:00 at Grand Hotel Dino	08:30-18:30
Thursday, 25 September 2025 PATIENTS MEETING ROOM CARLO 1	07:00 - 18:00	Social Dinner 20:00 at Grand Hotel Dino	
Friday, 26 September 2025 DOCTORS MEETING JOINT SESSION ROOM CARLO 1	07:30 - 17:00		08:30-16:30

CUSTOMER SATISFACTION SURVEY & CERTIFICATE OF ATTENDANCE

You will receive a link to an online survey to evaluate the event and the main congress services.
All participants will receive a link to download their certificate of attendance.

INSURANCE

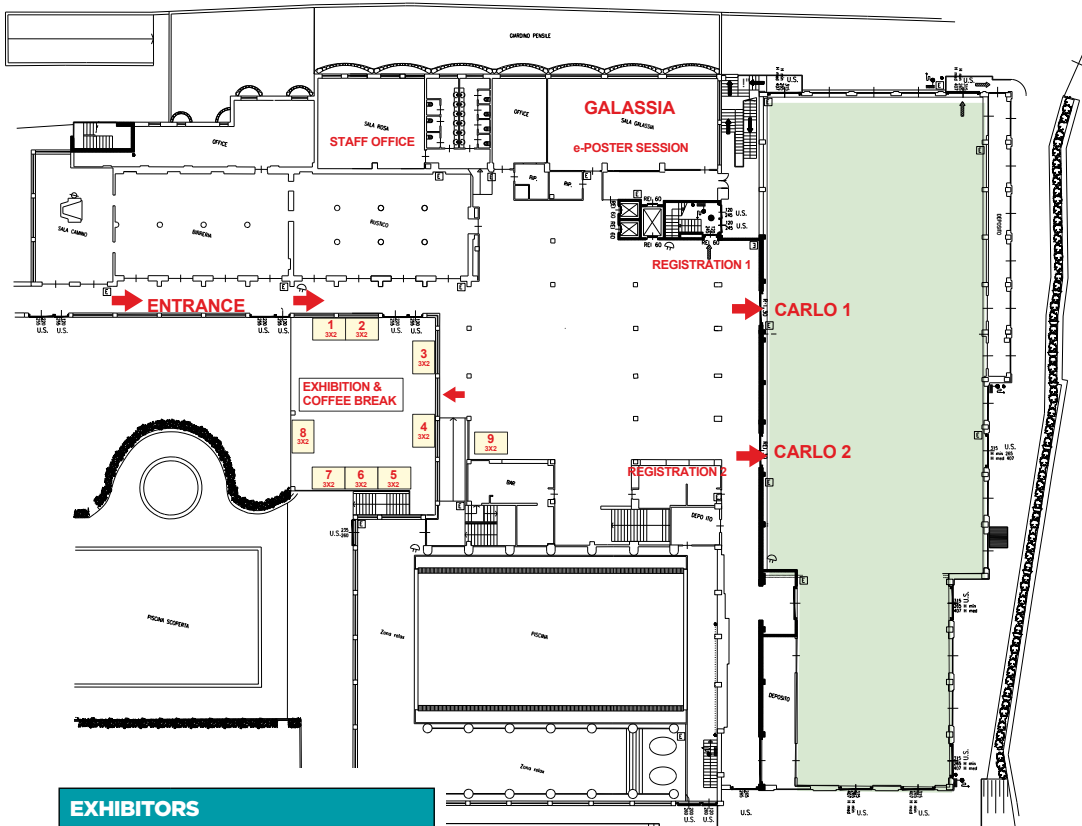
Congress organizers cannot accept liability for personal injuries or for loss of or damage to property belonging to congress participants, either during or as a result of the congress.

PRIVACY POLICY

The information on the processing of personal data in accordance with European Regulation nr. 679 of 2016 has been inserted in the congress bags. Please consult the information sheet for full details

EXHIBITION AND VENUE FLOORPLAN

ATTR2025 - GRAND HOTEL DINO – CONGRESS AREA DETAIL





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We wish to express our sincere gratitude to our supporters for their generous contributions

