

5th ATTR 2025 - Baveno, Italy 25-26.09.2025

PRELIMINARY PROGRAMME

	THURSDAY, 25 SEPTEMBER	PROGRAMME FOR PATIENTS
THURSDAY, 25 SEPTEMBER, 2025	TIME	ROOM CARLO 1
	08:00-18:00	Secretariat Opening Hours and Registrations
	08:30-09:00	Amyloidosis Alliance Introduction and Actions
	09:00-10:00	SESSION 1 DAILY LIFE WITH AMYLOIDOSIS
	09:00-09:15	Physical activities in ATTR-CM: what can I do? What should I avoid ?
	09:15-09:30	Physical activities in ATTR-PN: what can I do? What should I avoid ?
	09:30-09:45	Digestive disorders and nutrition for ATTR patients
	09:45-10:00	DISCUSSION
	10:00-10:30	Coffee Break
	10:30-11:30	SESSION 2 DAILY LIFE WITH AMYLOIDOSIS
	10:30-10:45	How to manage fatigue and pain?
	10:45-11:00	Psychologic impact of the disease
	11:00-11:15	How to manage multidisciplinary appointments?
	11:15-11:30	DISCUSSION
	11:30-12:45	SESSION 3 BENEFITS OF PHYSICAL ACTIVITIES
	11:30-11:45	Physiotherapy: when to start, which benefits and for whom?
	11:45-12:30	Benefits of yoga: a practical session
	12:30-12:45	DISCUSSION
	12:45-14:15	Lunch
	14:15-14:30	Sponsored symposium
	14:30-16:00	SESSION 4 THE ROLE OF CAREGIVERS
	14:30-14:45	Two testimonies
	14:45-15:00	How to support caregivers?
	15:00-15:15	The role of caregivers and their relationship with doctors
	15:15-15:30	Professional caregivers
	15:30-15:45	Psychological issues of caregivers
	15:45-16:00	DISCUSSION

	16:00-16:30	Coffee Break
	16:30-17:45	SESSION 5 IMPACT OF AMYLOIDOSIS IN THE FAMILY
	16:30-16:45	How to explain the disease in my family (testimony)
	16:45-17:00	Genetic counseling when and how ?
	17:00-17:15	Controverse: benefits of early genetic test ?
	17:15-17:30	Financial and professional impact: how to deal with it ?
	17:30-17:45	DISCUSSION

	FRIDAY, 26 SEPTEMBER	JOINT PROGRAMME FOR DOCTORS AND PATIENTS
FRIDAY, 26 SEPTEMBER, 2025	TIME	ROOM CARLO 1
	09:30-10:30	SESSION 1 ROUND TABLE BASIC AND CLINICAL RESEARCH IN AMYLOID DISEASES: WHERE ARE WE GOING?
	10:30-10:45	Sponsored Symposium
	10:45-11:15	Coffee Break
	11:15-12:15	SESSION 2 CONTROVERSES: HOW WE MONITOR DISEASE PROGRESSION?
	12:15-12:35	Sponsored Session
	12:35-13:35	SESSION 3 SYMPTOMATIC MANAGEMENT OF ATTR AMYLOIDOSIS
	13:35-14:30	Lunch
	14:30-15:15	Sponsored Symposium
	15:15-16:35	SESSION 4 ROUND TABLE. HOLISTIC APPROACH TO ATTR AMYLOIDOSIS: WHERE ARE WE GOING?
	16:35-16:45	CONCLUSIONS